

JANECHUKS MIXED SPICES

THE WONDER WORKING TEA



JANE CHUKWU

February 2025 Revised Janechuks Mixed Spices Ebook

“Health is wealth”

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INTRODUCTION

Health is wealth and like I always say “Prevention is better than cure” The death of many cancer patients and others who have suffered serious ill health are the reasons I don't joke with my health.

It is unfortunate that majority of the population only wake up when they are already down. People don't dig their well before they get thirsty, some dig when they are already thirsty and others dig when they are dying of thirst. However, the best is to dig before you are thirsty.

Whenever I tell people the benefits of JaneChuks mixed spices and they say “I don't have such issues”, I become worried for them. Do you need to wait till you have health challenges before doing something about it? It is very pathetic to say the least.

JaneChuks mixed spices has many wonderful benefits of which I will be covering in this book.

We have three types of Janechuks mixed spices

- Janechuks mixed spices **multipurpose**
- Janechuks mixed spices **for men**
- Janechuks mixed spices **for women**

This tea possesses preventive, curative, and rehabilitative properties.

Preventive Properties: Taking them can prevent you from developing cancer, arthritis, ulcer, obesity, eye challenges, pile, heart diseases, diabetes and many more.

Curative Properties: It can help manage those illnesses if you have already developed them.

Rehabilitative Properties: It can help strengthen failed body system to do their functions that was distorted as a result of ill health.

2.0 JANECHUKS MIXED SPICES ARE NUTRACEUTICALS

According to the National institute of health; Nutraceuticals are characterized as 'specially designed preparations', formulated with the aim of fulfilling specific dietary requirements and/or offer preventive health care. Nutraceuticals are the formulation of nutrient/nutrients which helps in prevention and treatment of some diseases, in addition to a supplement diet.

3.0 Pictorial Representation Of JCMS Multipurpose

**JANECHUKS
MIXED SPICES**

**Nafdac Reg.
No: A8-110397L** (Multi-Purpose)



NET WEIGHT: 150g

Ingredients:
Ginger, Cinnamon, Garlic, Olive leaf.

**BN: A0020
PD: 30/11/2024
BB: 30/11/2025**

DIRECTION FOR USE

1. Add desired quantity to your stew or soup.
2. Boil 4 tablespoons of the spices with 60cl of water for 15mins, filter and drink all. Reboil with 30cl of water and discard.

**Produced and Packaged by
Reverso-Ploutos Ltd
Calabar, Cross River State, Nigeria**

Email: reversoploutosltd@gmail.com



STORAGE CONDITION
Store in a cool dry place.

THE WONDERFUL BENEFITS OF JANECHUKS MIXED SPICES

MULTIPURPOSE

1. Effective in the management of hypertension.
2. Management of eye problem like glaucoma, cataract and other minor eye conditions
3. Management of respiratory diseases.
4. Helps in skin nourishment and improves skin glow.
5. Helps in metabolism of fatty tissues.
6. Brain vitalization.
7. Helps to improve sleep pattern.
8. Helps in ulcer management.
9. Loaded with antioxidants.
10. Helps in management of diabetes.
11. Helps in management of cancer



12. Helps in management of chronic diseases that affect vital organs like the kidney, heart, spleen, pancreases, brain and liver
13. Opens up your tissues & improves absorption of food into the body.
14. Soften faeces and makes defecation easy for people with pile and difficulty in defecation.
15. Effective in weight management.
16. Good sex enhancer.
17. Management of reproductive organs dysfunction like low libido, poor ejaculation, hormonal imbalance, fibroid, ovarian cyst, irregular and scanty menstruation.
18. Helps in strengthening muscle tissues thereby tightens the vagina and breast muscles.
19. Helps in nourishment of the male reproductive organ, which increases the penis after a long-term use.
20. Helps in removing and cleaning spots from the skin.
21. Helps to manage eczema, dandruff and other skin related conditions.
22. Helps in management of joint and back pain.
23. Helps in management of tooth ache and decay.
24. Helps in shrinking and expelling fibroid from the body

25. Helps in management of sickle cell anemia
26. Helps in management of risk pregnancy.
27. Helps in management of hepatitis B.
28. Helps to increase CD4 count of client with HIV disease and effectively manage the symptoms that comes with it.
29. Management of arthritis in young and elderly.
30. Management of insomnia.
31. Management of chronic painful menstruation.
32. Restoration of ceased menstruation.
33. Helps to enhance fertility and conception.
34. Management of severe heart conditions.
35. Relieves body weakness.
36. Helps in reduction of tummy fat.
37. Helps in treatment of bile and boils.
38. Helps in treatment of reproductive organ infections like yeast, bacteria and fungi infections.
39. Management of heart burn and other digestive disorders.
40. Improves immune system against reoccurring diseases like malaria, typhoid and cold.
41. Improves energy level.

42. Helps to improve the appetite.

Note: **Multipurpose** must be used for two months before using other types of Janechuks mixed spices like **for men** and **women**.

The use of **multipurpose** with **men/women** JaneChuks mixed spices can bring about the healthy feeling you have ever longed for.

JaneChuks mixed spices is your path to renewed health and wellness.

3.1 Pictorial Representation Of JCMS For Men



JANECHUKS MIXED SPICES

Nafdac Reg. (For Men)
No: A8-110398L



NET WEIGHT: 50g

Ingredients:
Ginger, Cinnamon, Garlic, Olive leaf.

BN:A0020
PD: 30/11/2024
BB: 30/11/2025

DIRECTION FOR USE

1. Add desired quantity to your stew or soup.
2. Add one tea spoonful of spices to 20cl of hot water, stir and drink

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STORAGE CONDITION
Store in a cool dry place.

BENEFITS OF JANECHUKS MIXED SPICES FOR MEN

1. It improves mood.
2. It improves libido and sexual function.
3. It is a strong antioxidant.
4. It enhances weight loss.
5. It helps to manage pain during ejaculation



6. It boosts energy.
7. It promotes sleep.
8. Fights infections.
9. It improves blood flow.
10. It improves testosterone levels.
13. Boosts immunity.
14. Lowers cholesterol.
15. It improves blood circulation to the sexual organs and protects sperm from being damaged.
16. It reduces oxidative stress.
17. It helps in the treatment of erectile dysfunction.

18. It helps in the management of prostate enlargement and cancer.
19. It helps in the regulation of sugar level.
20. It helps to promote hair growth.
21. Helps in management of scrotal swelling.
22. Helps in management of STIS.
23. Helps to revitalize vital organs.
24. Boost stamina for sports and sexual activities.
25. Management of bone related diseases in men.
26. Improves sperm quality and quantity.
27. It helps in the nourishment of penis thereby brings about an increase.
28. Improves male fertility.
29. Helps to manage anemia.
30. Helps to improve mood.
31. Kills parasites and slow down its activities in the intestine.
32. Helps to improve breathing in obese men.
33. Improves wound healing.

The use of **multipurpose with **men** JaneChuks mixed spices brings about total revitalization and rejuvenation of men body.**

3.2 Pictorial Representation Of JCMS For Women

JANECHUKS MIXED SPICES

WOMEN



NET WEIGHT: 50g

Ingredients:
Watermelon seed, Carrot seed, Ginger, Tigernuts, Date

NAFDAC NO:IN VIEW
BN:A004
PD:30/06/2024
BB:30/06/2025

DIRECTION FOR USE

1. Add desired quantity to your stew or soup.
2. Add one tea spoonful of spices to 20cl of hot water, stir and drink

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STORAGE CONDITION
Store in a cool dry place.

BENEFITS OF JANECHUKS MIXED SPICES FOR WOMEN

1. It helps to soften and smoothen the walls of the vagina thereby improving sperm motility.
2. It has antioxidant effect.
3. Has antimicrobial effect
4. Anti inflammatory effect.
5. It reduces menopausal symptoms and increases vagina fluid (helps in making the vagina fluid for easy penile penetration).
6. It treats bacteria and viral infections like candida, staphylococcus.
7. It relieves the uterus and effectively diminishes the production of prostaglandin thereby increasing estrogen and balancing reproductive hormones.
8. It brightens and softens the skin and clears or fades scar/acne.
9. It reduces cholesterol level there by preventing hypertension or manages it.
10. It helps in lowering sugar level thereby aids the management of diabetes mellitus.
11. It helps in food metabolism which helps in the management of type 2 diabetes.
12. It helps in the management of arthritis, rheumatoid arthritis, strengthens the bones and also freshens the skin.

13. Improves skin care.
14. Helps in the treatment of indigestion.
15. Helps in management of worm diseases.
16. Management of weight loss in women.
17. Helps in cleaning of reproductive organs in women.
18. Help to balance reproductive organ hormones thereby improving fertility.
19. Helps to firm the cervix for women with frequent miscarriages.
20. Helps in development of a healthy baby during pregnancy.
21. Increases hair growth.
22. Helps in delivery and labour relaxation.
23. Helps to control and manage asthma-like symptoms.
24. Anti-aging and skin regeneration and rejuvenation

The use of **multipurpose** with **women** JaneChuks mixed spices brings a complete body revitalization and rejuvenation in women.

4.0 Mechanism of Action of JCMS On Infections

The power of JCMS TEA: When asked if this tea is antibiotics in nature, the answer is “NO”. JCMS TEA is BACTERIOCIN in nature.

1. It boosts the body's normal flora to produce protein active to inhibit and retorts the pathogenic microorganism in the host body.
2. It is more selective in action and not broad, like antibiotics which create high resistance of pathogenic microorganism in future treatment of the patient as a host.
3. It restores the sensitivity of the resistant pathogenic microorganism into reverse active to treatment by a patient who has abused drugs before. Think tea, speak tea and drink tea? JCMS TEA is the answer. Your foods is your drugs, farm”acy” is pharm”acy”

Treatment Of Staphylococcus Infection as A Case Study.

The Staphylococcus family has about 30 strains of it, of which “aureus” strains is the pathogenic one which causes the infections. JCMS Tea, boosts, and systematically stimulate other strains of the family which are normal flora to the host, to produce active protein which will in reverse inhibit the aureus of colonial multiplication and retort it from the host, using the transport gene of the host. As this active protein is produced, it changes the acidity of aureus survivor into alkaline environment, which is unstable to aureus. “If you want to kill a great man easily, involve his family members”. This is the pathway summary of bacteriocin's action in layman.

4.1 Mechanism Of Action of JCMS On Cancer

JCMS can prevent and cure cancer cells. To understand how, it's essential to know what cancer is: abnormal cell growth in the body caused by physical, chemical, or biological factors. JCMS TEA has a dual-function approach to cancer prevention and treatment:

- 1. Inhibitor stage:** Prevents cancer cells from spreading, stops growth, and reverses abnormal cell development.
- 2. T-cell booster stage:** Enhances the body's natural defenses (immune system) to fight and eliminate abnormal cells.

When using JCMS for cancer treatment, patients are advised to monitor their lifestyle and avoid harmful chemicals and substances.

In summary, JCMS offers a comprehensive solution for cancer prevention, maintenance, and treatment, alleviating pain and promoting overall well-being. Remember: Think tea, buy tea, drink JCMS for a healthier life.

Keyword: JCMS means; Janechuks Mixed Spices.

JCMS Tea, we dey drink , e dey show result!

5.0 METHODS OF PREPARATION

Things to note:

1. **Multipurpose** is to be measured using table/adult spoon.
2. **For men/women** is to be measured using tea/baby spoon.
3. **For men/women** is not to be boiled.
4. **For men/women** shouldn't be used at the same time with **multipurpose**.
5. **For men/women** should be taken differently from **multipurpose**, if one is taken in the morning, the other should be taken at night before going to bed.
6. Children from age one to eighteen and elderly people from 60 and above should take only **multipurpose**.
7. For effective result, you need to use Janechuks mixed spices for at least three months. For three months, you need at least ten packs of **multipurpose** and 5 packs of **for men/women** depending on the gender.
8. Each pack of Janechuks mixed spices cost fifteen thousand naira.
9. Use a clean kettle or clean pot for the preparation.
10. Filter **multipurpose** before use.
11. Ensure to stir **for men/women** in a 20cl hot water, allow to cool to the level you can drink but must be hot.
12. All products must be taken hot.
13. **Multipurpose** is to be boiled two times before discarding.

14. After use, add cold water to the residue, boil when next you want to use it. For example if you boiled 60cl and took 30cl, you will need to finish the remaining 30cl before adding new water to boil the next day.
15. An ulcer patient is to take the tea only after meal.
16. For effective results don't add any sweeteners.
17. **Multipurpose** can be used for steaming meat, fish, prawns and stew.

5.1 FOR GENERAL HEALTH MAINTENANCE AND PREVENTION OF DISEASES

- Add four spoons of **multipurpose** inside 50cl of water (sachet water AKA pure water bag size)
- Boil with a low heat for 10 to 15 minutes.
- Filter and drink 20cl before breakfast and 20cl at night after dinner.

5.2 FOR CANCER PATIENT

Female Patient: **multipurpose** with **for women**

Male Patient: **multipurpose** with **for men**

Morning Dose

- Five spoons of **multipurpose** should be added to a 50cl water.
- Boil with a low heat gently for 10 to 15 minutes.
- Filter it and drink 40cl before food in the morning.

Buy cassava, boil it with the pot open and eat with coconut or groundnut, don't eat already made cassava because it is mostly boiled with the pot closed and the cyanide remains in it. When you boil it with the pot open, the cyanide evaporates with the heat.

Don't take **multipurpose** and the cassava together, give it a space of 3 to 4 hours intervals.

Night Dose:

- One full tea spoon (baby spoon) of **for women/ men** (depending on the gender taking the tea) should be added to a 20cl hot water.
- Stir and drink after meal.

5.3 FOR FIBROID AND OVARIAN CYST

Use the following guide as a reference point to generalize the size of fibroids from small, medium, and large.

Small (>1cm – 5cm)Size of a pea to a lime.

Medium (5cm – 10 cm)Size of a peach to a large lemon.

Large (10cm+)Size of a mango to a watermelon.

Dosage for Small Sized Fibroid

- 4 spoons of **multipurpose** should be added to a 60cl water.
- Boil for 15min to 20mins and drink all.

Night Dose

- Re-boil with 30cl of water at night and drink all, this is recommended for at least six months to a year.

For Medium Sized Fibroid

- 5 spoons of **multipurpose** should be added to a 60cl water.
- Boil gently in the same time duration (15 to 20 minutes) as small size. Use consistently for one year to one & half year

For Large Sized Fibroid

- Boil 6 spoon of **multipurpose** in same quantity of water as above and same duration, use consistently for one year to two years.

Note: Fibroid clients are not allowed to use **for women**

5.4 FOR INFERTILITY

Morning Dose

- Boil four table spoons of **multipurpose** in 30cl of water and drink it.

NOTE: Multipurpose should be taken for 1 month before using **for women**.

Night Dose

- One full tea spoon (baby spoon) of **for women** should be added to 20cl of a very hot water and allowed to melt.
- Stir and drink at night.

NOTE: **Over 200 pregnancies have been recorded**

5.5 FOR YEAST INFECTION

- Get a clean kettle
- Put 40cl of water into the kettle
- Add three spoons of **multipurpose**
- Boil for 10 to 15 minutes, filter and drink.
- Get a clean cup, add 20cl of boiled water, add a baby spoon of **for women**, stir it and drink all at night.

5.6 CEASED MENSTRATION

Morning dose:

- Boil three spoons of **multipurpose** in a 40cl water
- Filter and drink all

Night Dose

- One full tea spoon (baby spoon) of **for women** should be added to 20cl of a very hot water and allowed to melt.
- Stir and drink at night.

5.7 FOR HORMONAL IMBALANCE

Morning Dose:

- Get a clean kettle and put 60cl of water inside
- Add four spoons of **multipurpose**
- Boil for 10 to 15 minutes.
- Filter and drink 30cl

Night Dose

- Get a clean cup
- Put 20cl of hot water
- Add half spoon of **for women**, stir and drink.

5.8 FOR TUMMY FAT AND WEIGHT LOSS.

Depending on the kg an individual wants to lose.

Weight Above 100kg

- Boil five spoons of **multipurpose** in a 50cl water
- Filter and put inside a flask.

Dose: Take 30cl before breakfast and dinner for 3 to 6 months consecutively with the aid of a meal plan.

Weight Below 100kg

- Use four spoons of **multipurpose**.
- Boil in a 50cl water.
- Filter and drink 30cl

For Tummy Fat

- Boil 3 spoons of **multipurpose** in a 40cl water and take at once.
- This should be taken in the morning and at night.
- Should be taken daily for 3 months.

5.9 FOR HEART, KIDNEY, BONE AND OTHER VITAL ORGAN DISEASES, HYPERTENSION (Arthritis, Kidney Disease, Joint Pain, Waist Pain, Ankle Pain And Kneel Pain, diabetes, stroke, kidney stone)

- Boil four spoons of **multipurpose** in a 60cl water.
- Drink 30cl in the morning and 30cl at night for two to 3 months.

5.10 FOR INSOMNIA, STRESS, TIREDNESS AND WEAKNESS

- Get a clean kettle, put 40cl of water into it.
- Add 3 spoons of **multipurpose**
- Drink 40cl after food at night.
- Lay quietly in bed

5.11 LOW LIBIDO

- Get a clean kettle, put 40cl of water inside the kettle.
- Add four spoons of **multipurpose** inside the kettle with water.
- Boil with low flame for 10 to 15 minutes.
- Filter into a cup and drink before meal at night.

Add one baby (tea) spoon of **for men/ women** (depending on gender) into 20cl of hot water in a cup, stir to smoothness and drink after meal at night.

5.12 FOR WATERY SPERM AND LOW SPERM COUNT

- Get a clean kettle, add 50cl of water into it.
- Add three table spoons of **multipurpose**.
- Boil in a low flame for 10 to 15 minutes.
- Drink 30cl before meal (morning)

NOTE: Add half baby spoon of **for men** into a 20cl cup of hot water, stir to smoothness and drink at night.

5.13 FOR ULCER, INDIGESTION, BLOATED STOMACH

- Boil two table spoons of **multipurpose** in a 40cl water.
- Drink all immediately after meal in the morning
- Repeat same at night after meal.

5.14 FOR CHILDREN AND ELDERLY.

Elderly people from the age of **60 and above** should take 3 adult spoons in 60cl of water, 30cl in the morning and 30cl at night.

All children dose should be 3 spoons in 60cl, 20cl in the morning and evening.

Childhood obesity

- Boil four spoons of **multipurpose** in a 60cl water, filter and give 20cl morning and evening.

5.15 FOR RASHES AND ITCHING

- Boil three adult spoons of **multi purpose** in a 40cl water
- Filter and drink all at once, daily.

5.16 RESPIRATORY DISEASES (Asthma, nasal congestion, migraine and fever)

- Boil three spoons of **multi purpose** in a 40cl water
- Filter and drink all at once.
- Repeat same at night for two weeks.

Asthmatic patient should use this daily as a maintenance dose

5.17 FOR SKIN GLOW

- Boil two spoons of **multipurpose** in a 40cl water
- Filter and drink all once, daily.

5.18 FOR PREGNANT & NURSING MOTHERS

Note: JCMS can be taken from the very first day of conception for pregnant women.

- Four spoons of **multipurpose** in 60cl water
- Drink 30cl in the morning and 30cl in the evening

6.0 SIDE EFFECTS OF JANECHUKS MIXED SPICES

- Excessive use of it without following prescription can cause excessive loss of weight.
- Excessive use without checking the blood pressure or sugar level can either increase or lower it.
- JaneChuks mixed spices causes thirst, you are advised to drink a lot of water.

Note: Let the hypertensive or diabetic patient check their sugar level and blood pressure while using it and reduce quantity as the sugar level and blood pressure normalizes.

IMPORTANT THINGS TO NOTE

- If a patient is on medication, they should continue with their medication while using JaneChuks mixed spices till a significant change is recorded in their health.

7.0 TESTIMONIALS

General Health Maintenance & Prevention Of Diseases:

I was with an old client (about 65 years old) today, and after discussing some legal issues, he had breakfast and asked for his BAG OF DRUGS. Honestly, when the bag came, it was really a big bag of drugs. He has difficulty breathing.

When he takes alcohol, his legs swell and he also experiences other issues. I talked to him about JaneChuks mixed spices and sold multipurpose to him. He has three wives and also bought for men.

I administered the dosage and waited for him to take it since he was going for a meeting, where he may be served beer. I gave him for men in hot water. One small spoon in 20cl.

Fast forward to 30 minutes ago, he called to tell me that he had never visited the toilet the way he did today and that he feels so relieved and light.

However, he noticed he was breathing fast, he had to take his drugs and it became normal.

I told him that the tea is regulating, flushing his system and will also normalize it and that he'll soon be free from his bag of drugs.

I was treating for general wellness and swollen feet disappeared. This is someone who has spent so much money on drugs o.

- **Mrs. Y**

Good morning, Dearest.

1. It has helped my eyes, before now I used to feel pain in my eyes after using the internet for coaching and business but since I started using it, no more eye pain.
2. My skin glows so much, previously, I used to use different facials but my skin didn't glow as much. Since I started using the tea, my skin glows very well.
3. Nowadays, I get wet easily, like before my husband comes close everywhere don stew.
4. No more joint pain from sitting in one position for long.
5. No more headache from stress of running multiple business.
6. I now go to toilet often, I didn't use to toilet that much but it's been better and my faeces is now soft.

- **Mrs. P**

One of my new client took this tea just yesterday, today she called me on phone to come ooo. Few hours later I went there and she told me the tea has worked wonders In less than two days.

- ✓ She told me the red and swollen eyes have been healed

- ✓ She had awful smell from her vagina and it has also ceased
- ✓ Her stomach that used to make noise has also stopped
- ✓ The heaviness she feels after work is all gone.

She actually bought just little and my God made her to see drastic result in 2 days. I'm super happy.

The amazing thing about this lady's testimony is that she raised her voice in the middle of the market and people gathered, they were all interested in buying after hearing her testimony.

Omo JaneChuks mixed spices is the surest way to wealth.

So easy to make sales

- **Mrs. L**

I had been experiencing intense abdominal hardness and felt like stones were scattered inside my stomach. But now, when I touch my abdomen, all those hard lumps are gone, except for one tiny one I had to search hard to find. JaneChuks Mixed Spices is a wonder-working tea indeed!

- **Mrs. H**

Fibroid, Ovarian Cyst & Hormonal Imbalance:

I just called a customer to check in on her and ask about her experience with the tea. She's someone who had a big fibroid about

15cm. Last week, I encouraged her to start taking it and she has been consistent.

Today, she feels energized unlike before, her appetite has improved and the fibroid has reduced. In her words “I am now pressing my tummy to check for the fibroid but it has drastically reduced to a small size. Previously, when I lay with my back, I usually feel it surface up, appearing big on my tummy. Thank you Jesus. I am so happy , I will buy again after this one and for two other friends who wants to use the tea for similar issue”.

- **Mrs. K**

My sister bought the tea, we bought it for weight loss though but I was having hormonal imbalance and irregular menstruation for the past 10 years. Since I started seeing my period, I have never gone by any day without severe cramps, mostly post-pain, pre-pain and even menstrual pain itself. It has really been a rollercoaster of pain, shaking me most time.

I've come today to testify that I did not even know my period was close by, it came exactly at the complete cycle with no cramps,

no pain, normal flow and no sickness whatsoever. I have been so comfortable. Thank you so much Ma, I'm definitely buying another one for myself and family once I run out of this pack. It's barely a week of using it and I can see many changes already.

- **Miss C**

Since I had my second baby (dead), 8 years ago, I have been suffering from one health issue to another. I've been to many hospitals and spent a lot of money.

I was diagnosed with

- PCOS
- Ovarian Cyst
- Endometriosis
- Fatty Liver

My menses used to flow like borehole, leaving me demoralized. Doctor had booked me for operation and I told God I didn't want to undergo any surgery the third time.

Since I discovered JaneChuks mixed spices, my story has changed for good. None of these ailments can be traced again and my husband can attest to this testimony.

- **Mrs. J**

NOTE: Mrs. J now has a male child after nine years of trying.

I was diagnosed with 33ml fibroids, a bulky uterus, and intramural fibroids. When I asked about my PCOS, the doctor said I was still ovulating, as I had a dominant follicle growing on my left ovary.

However, after using JaneChuks Mixed Spices Tea, my scan showed NO fibroids. Tee, what exactly is in this tea??

- **Miss L**

I went for a scan last Saturday, and my fibroids have reduced significantly. Even the cyst has shrunk. I meant to tell you earlier, but I just want to thank God and your product, sis.

- **Mrs. O**

Successful Conception:

This is from my first customer in January. She has been trying to get pregnant, she was later diagnosed with blocked fallopian tubes. She went for the procedure to open the tubes in November last year, since then her period seized and she was having pains. She bought normal and took it in January and testified after one week that she has seen her flow and the pains have stopped, only for her send me this yesterday, confirming she got pregnant almost immediately.

- **Mr. J**

I had been trying to conceive for years, battling PCOS, high prolactin, and fatty liver. After three failed IVF attempts, I started taking JaneChuks PCOS Clear and High Prolactin Normalize. Today, I tested

positive for pregnancy! My first child will turn nine this February, and I'm so grateful for this second chance.

- **Mrs. G**

Good afternoon mama. Happy Sunday, I say make I use good news make you happy today as person Dey try spoil your mood. I am 6 weeks pregnant, I told you I'll come back to testify I only took the for women and multipurpose for 2 weeks. It cleared all symptoms of hormonal imbalance. Thank you so much am super grateful.

- **Mrs. N**

After multiple miscarriages and failed pregnancies, my customer started taking JaneChuks Mixed Spices Tea at the end of November. Today, she went for a checkup and confirmed she is finally pregnant! We are celebrating this JaneChuks baby.

- **Mrs. B**

My woman don get belle. I dey knock o. That tea dey work too many tins ✓✓✓. Baby is finally coming.

- **Mr. O**

Jesus has done it finally, I am pregnant!

And today is my wedding anniversary.

Join me to celebrate cause what God Cannot Do Does Not Exist. And please don't stop putting me in your prayers

- **Mrs. E**

I did pregnancy test n saw two lines, though the other line is not showing as clear as the other one I tried with another company of test strip n it showed again same way.

- **Mrs. P**

My hair dresser gave 2 multipurpose tea to her friend who's been suffering from hormonal imbalance for years and finding it hard to conceive. I had no for women then and I advised her to take 2 Multipurpose since she was travelling to Togo with her husband. I went to the saloon today and she's telling me that her friend got pregnant after one pack of multipurpose. I was speechless, Janechuks mixed spices doesn't disappoint.

- **Mrs. B**

Is like I am pregnant now after battling months for hormonal imbalance that led to lack of ovulation, but I am happy my dear for using JaneChuks mixed spices.

- **Mrs. G**

Babe I'm pregnant I wanted to tell you on Monday that I checked it but I'm just being skeptical because of what happened last time.

- **Mrs. R**

Over 200 pregnancies have been recorded.

Ulcer:

Honestly I've experienced remarkable changes since I started taking this tea. Prior to this time, there were some foods I avoided, foods like yam, beans, potatoes, milk and many others. But since I started taking this tea, I've been able to eat these foods without reacting to any of them. I noticed it makes one sleep well too.

- **Mr. G**

Yes the ulcer pain has subsided. It used to be very severe.

- **Mr. N**

I used to take ulcer medication every single day because of severe stomach pain. But since I started drinking JaneChuks Mixed Spices in October, I haven't touched my ulcer meds. The pain is completely gone!

- **Mrs. R**

Infection:

I have taken this tea in just two days and I don't feel itchy anymore. I had bruises on my vagina but the pain and itch has subsided. With the way I'm drinking it, I don't think it will last for 3 weeks, Lol.

- **Miss D**

I was struggling with irregular periods and itching around my vagina. Since taking JaneChuks Mixed Spices, my cycle has normalized, and the itching is completely gone. This tea is miraculous!

- **Mrs. Y**

Fallopian Tube Blockage:

This is from my first customer in January. She has been trying to conceive but was diagnosed with blocked fallopian tubes. She went for the procedure to open the tubes in November last year but her period ceased afterwards and has been having pains.

She bought **multipurpose** in January and began to use it. One week after, she testified that her menses was beginning to flow and that she was no longer feeling pains, only for her send me this result yesterday, confirming she got pregnant.

- **Mrs. B**

Sex Enhancer In Men:

Good evening, Ma'am, you see that your tea eh, change the name to man power, e get why

I usually don't have the urge for sex due to quick ejaculation but the man power you gave to me almost killed someone's child.

- **Mr. F**

My husband had extremely low sperm motility—just 18%—when the doctor required at least 40%. After taking JaneChuks Mixed Spices Tea, his latest test showed an incredible 96%! The doctor was amazed and told him to continue whatever he was doing.

- **Mrs. T**

Before my husband started taking this tea, he struggled with erectile dysfunction and low libido. Now, not only is his stamina restored, but I find myself running away from him! This tea is truly something else.

- **Mrs. D**

-

Ceased Menstruation & Menstrual Pain:

My flow came out yesterday ooo

When we travelled, I was unable to take my tea, we got back and I resumed taking it. Two days after, my menstruation came, at first I thought I was urinating on myself until I confirmed that it truly was my menses. It's been months since I last saw my period. I'm on my period at the moment with no pain. Thank you for encouraging me.

- **Mrs. A**

I have been dry for months now. The last time I saw my menses was in October and since then, nothing. I even had to visit the doctor and purchased infection drugs but still nothing surfaced. I wondered, cause this was not the first time I've had this irregularity but this particular one was taking too long. People of God, I ordered and received my **multipurpose** on Monday, then I began taking it that same Monday, by Tuesday I was already feeling pre menstrual cramp, only to wake up today to see my menses flowing. This is something that have ceased for months and to top it all, I used to feel severe menstrual cramps such that I'll have no choice but to take pain relief every time but I make it bold to say to you today that I'm not feeling this excruciating pain with my period on.

- **Mrs. P**

Ceased Ovulation:

Good evening, Ma! I'm ovulating!

I noticed it early this morning, but I was in a hurry for work, so I didn't take a picture.

- Miss R

Tummy fat &Weight Loss:

- ✓ I started taking it when I was weighing 73kg but my weight last week was 71.5kg
- ✓ As a CS mom, I have been on body magic for over 7 years after I had my last child because of my protruding tummy

I used to wear it because that was the only way I could feel confident wearing slim fitted outfits but since I started using **multipurpose**, I go out now without wearing body magic because my tummy has reduced drastically

Warning: It is not by magic, you have to be consistent in taking your tea before you can see results. Using it for at least a month should show you enough evidence of it's effectiveness.

- Mrs. V

I bought the **multipurpose** for weight loss but have experienced other additional benefits.

- Mrs. K

Sorry mama for posting video... I used myself as an example. Everyone wanted to know what I took that made me loose weight. I got the tea, took it, and saw results in 3 weeks with portion control and no soda drinks. I just got the tea for my personal use, until people started taking interest in what I used which was what got me into selling this tea.

I used my personal experience to market this product. If it can work for me, then it can work for you. Join me, let's loose that weight together to get our groove back.

- **Miss F**

I joined the business newly not up to a week. A customer got it for weight loss but I received a big testimony the very next day. I am super excited that this business will bring solution to people's health problem and break even in my financial life. Thank you mama and papa.

- **Mrs. B**

Good morning Ma, how are you doing and the family?

This **multipurpose** is working, I have even stopped taking it before I disappear. Even my sister is slimming down, it's very very good for weight loss and it makes one go to toilet easily.

Yes it has reduced my period from 5 days to 3days. While on period, I became horny and used it to flush period sharply.

- **Mrs. D**

Low Libido:

I usually take mine in the morning & I get wet at work. On Sunday I took it at night, the way I fuck ehnn, the thing sweet me finish.

I naturally get wet o, it's weight I want to reduce but the thing come dey make me fuck everyday.

- **Mrs. A**

Good afternoon Ma'am,

How are you doing today?

A friend of mine came to my house last month and met me taking **for men**. The guy asked me what it was for, I explained to him and the guy joined me in taking it. Him con go touch babe after taking the tea and now the gal don get belle.

I warned him but e no hear, funny thing is dey don dey knack raw since and nothing happened until this one. When he called me and was telling me, I just dey laugh.

Power of JaneChuks mixed spices **for men**.

- **Mr. J**

Diabetes, Damaged Finger and Swollen Eyes:

Another client was diagnosed of type 2 diabetes severe one, infact she was looking like someone suffering from HIV.

I told her to retake the test and boom I increased her dose of **multipurpose** and directed her on how to take it. She took it consistently for 7 to 21days and began to gain weight. She asked if it was **multipurpose** doing this?

Then I answered “Yes ma!”

30days later, she regained her weight, I rechecked her and noticed her sugar level dropped to normal. Now she eats everything, and yet the sugar level is not rising

Chaii **multipurpose** na baba

Another client of mine was healed of pile after using **multipurpose**

Another client was healed of damaged finger, new one has regrown.

JaneChuks mixed spices , my oil well

- **Mrs. L**

Weight Gain:

Just remembered I haven't given you update. My mom said she's feeling much better and that she's also putting on some weight already, her appetite has also improved a lot!

- **Miss H**

Goiter:

My client's daughter was diagnosed with goiter when she was just one year old. Doctors said surgery was the only solution, but her mother, fearing the procedure, sought alternative treatments.

In December of last year, I was sending Janechuks Mixed Spice Tea to a teacher at my daughter's boarding school for goiter treatment. My aunt overheard and asked if it could also help a little child. I assured her it could. She then invited the girl's mother to bring her over so I could assess her condition.

Although skeptical, the mother decided to try the tea. To her amazement, her daughter is now completely healed of goiter without surgery.

- **Mrs. B**

Thumb Arthritis:

Thank you, Ma. I used to have severe pains on my thumb but after taking the tea consistently for 2 months, I noticed every pain disappeared. Now I can use my hand again. This tea is very good, I will keep taking it, thank you and God bless you.

- **Mr. O**

Growth under armpit shrunk:

The growth in my armpit which I did surgery for, 2 years ago did not heal and then began to swell afterwards. After taking **multipurpose**, this same growth had reduced drastically and the pain had subsided too, thank God. I am still on the tea and I believe for perfection in this area. God bless you and Mama.

- **Mrs. J**

Bloated Stomach & Constipation:

My husband and I were feeling bloated yesterday night, immediately we took it, we were relieved.

- **Mrs. M**

I suffered from constipation for years. After just one pack of JaneChuks Tea, it completely disappeared.

- **Mr. K**

Blood Pressure, Cholesterol, and Sugar Levels:

I met with one of my customers this morning who started taking the tea on Tuesday.

I had not seen her since the last time I sold the tea. The first time we met, she was lying down shivering with very high BP, running nose and teary eyes.

So when I saw her this morning coming back from church with a bright smile, I asked how she was feeling, she told me she felt relieved after drinking the tea. The teary eyes and running nose stopped the same day she drank it.

She checked her BP some days back and discovered that it came down to 135 from 185. She also said it was the first time in many years her BP has been that low, even with constant drugs.

The testimony sweet me no be small o

- **Mrs. O**

I used to suffer from high blood pressure, cholesterol, and high blood sugar. But by the special grace of God and JaneChuks Tea, I am recovering. My sugar levels are now not just normal but very normal. My cholesterol has dropped so much that my nurse was shocked, and my blood pressure, which used to be around 140/100, has stabilized at 123/80. God is indeed using this tea for wonders.

- **Mr. E**

Personally I was diagnosed with hypertension and have been on drugs for over a year.

About 3 months ago my wife told mama Jane about it, she advised me to try the **multipurpose**, and stop the BP drugs. I did and this is 2 months down the line, I haven't used BP drugs. I have monitored my

BP steadily and it has been better, as I have not had it shooting over like it used to. It takes discipline, eat healthy and try to be active more, then back it up with **multipurpose**.

- **Mr. E**

A colleague of mine who suffered from high blood pressure saw significant improvements within just one week of drinking JaneChuks Mixed Spices Tea. Her BP, which used to be 135/93 or 140/100, is now a steady 120/80

- **Mr. C**

Pile:

Good morning everyone, I gave my younger brother **multipurpose** this morning before leaving for work. He has pile.

I just chatted him up to know how he was doing, he said the tea was working and that he was purging at the time I called.

In addition, he said he used to feel pain whenever he uses the toilet, but no longer feels the pain.

- **Miss T**

Hepatitis:

Good evening, mummy.

Please mum I want to ask ooo, can hepatitis B be cured?

Haaa.... Mummy a woman sold tea for last year, she conceived this year after 5years.

The woman came to my shop today with so much gratitude to thank me for selling the tea to her

She said the tea cured her husband from hepatitis B. Mummy I'm still shocked, in awe. She even brought another woman to come and buy the tea as the other woman has hepatitis B too.

- **Mrs. M**

A woman who had been trying to conceive for five years came to my shop today, overflowing with gratitude. She said the tea not only helped her conceive but also cured her husband of Hepatitis B. She even brought another woman with Hepatitis B to buy the tea.

- **Mrs. T**

A woman I sold three packs of JaneChuks Mixed Spices to had tested positive for Hepatitis B. After one month, she went to two different labs, and both confirmed she was now NEGATIVE! She was in disbelief, but this tea truly works miracles.

- **Mr. S**

I want to tell you that I'm already tested negative for hepatitis B. I can't believe it! I've been using JCMS for more than two months now. This tea is just so powerful, I'm grateful.

Swollen Legs:

This Mama has a swollen leg and couldn't wear slippers for 3months, did several tests and nothing was discovered. Then I gave her JCMS TEA to use, after 2weeks of usage she visited me putting on slippers. She started marketing the tea everywhere.

I'm glad she got a lot of positive results. She sold 5packs of tea already.

Vision and Eye Health Restored

I had been experiencing worsening cataracts, but since taking JaneChuks Mixed Spices, I've noticed a significant improvement in my vision.

- **Mr. P**

A 75-year-old client of mine from Orlu, Imo State, has been struggling with arthritis and blurry vision. She purchased a sub-distributor's pack and told me she's now moving around with less pain and doing things she couldn't before. But what amazed her most was attending Bible study and reading her Bible without glasses, something she hadn't done in years

- **Mr. K**

I have been using medicated glasses since 2020. Without them, I couldn't look at my phone or laptop without experiencing blurriness, headaches, and irritation. One Saturday, I accidentally broke my

reading glasses and panicked about getting through the weekend. But surprisingly, two months have passed, and I'm reading and working on my laptop WITHOUT glasses! JaneChuks Mixed Spices Tea is truly a wonder.

- **Mr. V**

Stress, Insomnia & Chest Burn:

I use it for my eyes, and since I read a lot, it helps strengthen my eye vessels.

It helps me sleep well too. Due to the stress from running business I noticed I wasn't getting enough rest from my sleep, but since I started taking it, I wake up feeling good even if it's just 2hrs of sleep I've had.

Prior to now, I usually have chest burn a lot from meals, but now it isn't the same again. It has also helped me maintain a healthy weight.

Since I'm sensitive to dust and sneezing, I usually just take the tea anytime I feel that discomfort and just like a wave of the hand, it stops it.

- **Mr. G**

Sweetest Momma Jane

Hubby just discovered that his itching and reddish eye has stopped since he started taking our wonder working **multipurpose**, na him even dey tell me today sef say “wife do you know I have not asked you to put my eye drop for over a week now?” I was like na true oooo you see my miracle. JaneChuks mixed spices to the world

- **Mrs. R**

Bought **multipurpose** 2months ago, I haven't been consistent from the start but for the past 2 weeks I have been taking it and can say it's really as they say “working like magic on every aspect”.

Bought the distributor's pack so it will last for long

- **Mrs. S**

TTC & Fibroid:

I called a customer I referred to one of my sub distributors in Lagos on Saturday to get his review and he gave me a very good news, he and his wife had been on TTC for some years, the wife was diagnosed of 2 small fibroid. He brought the **multipurpose** with **for men & for women** in February, by March the wife who had never missed her period called me to ask if they should go for PT test, I gave them the go ahead but forgot to ask for the outcome, so I called on Saturday to check on them and he told me that she was 2 months gone

already. The joy JaneChuks mixed spices gives can't be quantified. I have been so happy for them since Saturday. From fibroid to pregnancy

- **Mr. A**

I just left the lab, JCMS. Hehe, they were looking for fibroids, but they didn't find any! I told them to look very well.

The doctor said, "You don't have fibroids." But the previous lab result said I had 33ml fibroids and a bulky uterus with intramural fibroids.

I asked about the PCOS, and the doctor said, "But you're seeing your period every month, and you have one dominant follicle on your left ovary that is growing." He said I should ovulate in four days.

Babeeee, I knew this tea was working when I didn't feel pain and heaviness in my breast a few days before my period. I've been suspecting it!

No fibroids! Teee, what did they put in this tea????

- **Miss L**

I recommended JaneChuks Mixed Spices Tea to my friend who had fibroids grow back after surgery. Within two weeks of taking it, she started passing out tiny pieces of tissue, which turned out to be the fibroid shedding itself. This tea is powerful!

- **Mrs. W**

Body Pain:

Just called my dad to know how he was feeling. He complained about leg pain and I sent him a pack of **multipurpose**. He said the waist pain and leg pain has stopped and that he sleeps so well now unlike before. He sounds so happy on the phone. This mixed spices na baba

- Miss G

Menstrual Pain:

I have not been consistent with the tea at all. So today I visited a friend and his sister was having this stomach ache such that she was crying so badly. When I asked her, she said since 2019, she's been battling with severe stomach pain anytime her period is close. I recalled travelling with my **multipurpose** to the east. I quickly prepared some for her and gave her this morning.

As I speak now, she has been so calm without shouting for help. In my mind I was like "shey this thing dey work like this?" I just instructed her to re boil the chaff for another 2 days and I left.

- Miss T

I noticed recently that I no longer feel premenstrual symptoms like sore breast, cramps again. My period just starts without disturbance.

- Miss P

Hallelujah I've come with my own testimony ooo.

Before now, I used to experience a disorganized system, more like a pregnant woman any time I want to start my monthly flow.

What if I told you there had been no sign at all this time, I was dancing happily in church yesterday and felt a drop at night, I went to check and discovered it was menses ooo. This mixed spices by God's help has handled the painful menstruation. If you see the chores I've been able to do today, e shock me because I'd have previously lay down all day and my children would have been telling me sorry.

- **Mrs. J**

I had terrible menstrual cramps, and my period flow was always painful and irregular. The first time I took this tea, within five minutes, the pain reduced dramatically, and my period flowed smoothly. Even the sharp pain I usually felt while defecating during my period was gone. I'm so grateful.

- **Miss A**

Cough and Catarrh cured:

My sister in-law's son, who is 5 years old came over for the holiday, due to the dust and stress of the journey, he had cough and catarrh. I gave him **multipurpose**, children dose just twice and yesterday

morning he said “aunty Mishael I like your medicine, I didn’t cough in the night and my nose is not blocked again” I was like wow! see review from a 5 years old about our wonder tea.

- **Miss M**

And many others...

JaneChuks Mixed Spices

7.0 HOW TO BECOME A DISTRIBUTOR

To become a distributor:

- You are to pay 120k for a distributor's pack, which comprises of 10 retail packs of JaneChuks mixed spices.

To become a State Distributor:

- You are to buy a product worth 2.2M (Full pack) or 1.1M (Half pack) which comprises of 20 sub-distributors pack (200 retail packs) and 10 sub-distributors pack (100 retail packs) respectively.

To become a Regional Distributor:

- You are to buy a product worth 10 Million naira, which comprises of 100 sub-distributors pack (1000 retail packs)

We have 6 regions in Nigeria, which comprises below:

- North Central - Benue, FCT, Kogi, Kwara, Nasarawa, Niger, Plateau.
- North East - Adamawa, Bauchi, Borno, Gombe, Taraba, Yobe.
- North West - Kaduna, Katsina, Kano, Kebbi, Sokoto, Jigawa, Zamfara.
- South West - Oyo, Osun, Ekiti, Ogun, Ondo & Lagos state.
- South East - Abia, Anambra, Ebonyi, Enugu, Imo.
- South South - Edo, Delta, Cross River, Akwa Ibom, Rivers & Bayelsa States); South West.

Note: For men & For women are to be bought separately.

A distributor sells in retail

A state distributor sells to sub distributors

A regional distributor sells to state distributors

HOW TO MAKE MILLIONS AS A DISTRIBUTOR

When you learn to break down large figures, you'll realize nothing is impossible. I took time to teach my team how to achieve ~~N~~10 million monthly profits, and they're working tirelessly towards achieving this goal.

My 22 years old youngest team member made 70m sales in January, 2025. Let's analyze her profits across the three categories of distributors.

Sales Analysis

70 million naira worth of product is 7000 unit packs.

- If she sells to state distributors she will make ~~N~~1000x7000= 7,000,000
- To sub-distributors she will make ~~N~~2000x7000= 14,000,000
- To end users ~~N~~5000x7000= 35,000,000

1. Regional Distributors

These set buy goods worth 10M and sell to state distributors that buy goods worth 1.1M or 2.2M.

2. State Distributors

State distributors buy product worth 1.1 M or 2.2M, these are people who sell to sub distributors who buy 120k pack.

3. Sub Distributors

We have the sub distributors who buy product worth 120,000 naira and these are people who sell to end users who buy a pack of 15k.

Pricing Structure

- Regional Distributors: Buys at ~~N~~100,000 per pack – sells to state distributors at ~~N~~110,000
- State Distributors: Buys at ~~N~~110,000 per pack - sells to sub-distributors at ~~N~~120,000
- Sub Distributors: Buys at ~~N~~120,000 per pack – sells to end users at ~~N~~15,000 each.

DISTRIBUTION CHANNELS AND PROFITABILITY

Regional Package: A regional pack contains 100 sub-distributor packs(1000 retail packs). A regional package is sold for 10M

As a regional you are allowed to sell to state distributors, sub distributors and end users and that's where my regionals are packing their money.

State Distributors Package: A full state distributor pack contains 20 sub-distributors (200 retail packs) while half state distributor pack contains 10 sub distributors (100 retail packs).

As a state distributor, you are allowed to sell to sub distributors and end users and that's where my regionals are packing their money.

Sub-Distributors Package: A sub distributor's pack contains 10 retail packs.

A sub-distributor sells to retail users.

PROFIT MARGINS ON DISTRIBUTOR PACK:

Regional Distributor

- When a regional sells to state distributors, they make a profit of: 1000 naira/retail pack (1000 retail packs \times ~~N~~1000 = 1,000,000 naira)
- When a regional sells to sub-distributors, they make a profit of: 2000 naira/retail pack (1000 retail packs \times ~~N~~2,000 = 2,000,000 naira)
- When a regional sells to end-users, they make: 5000 naira/ retail pack (1000 retail packs \times ~~N~~5000 = 5,000,000 naira)

State Distributor

- When a state distributor sells to sub-distributors, they make a profit of: 1000 naira/retail pack (200 retail packs × ~~N~~1,000 = 200,000naira)
- When a state distributor sells to end-users, they make a profit of: 4000 naira/retail pack (200 retail packs × ~~N~~4,000 = 800,000naira)

Sub Distributor

- When a sub distributor sells to end users, they make a profit of: 3000 naira/retail pack (10 retail packs × ~~N~~3,000 = 30,000 naira profit)

Now for a regional that makes a sale of 70M which is 7000 retail packs for JCMS, a month do you know how much that is? Do you know the kind of money my 22 years old and other regionals, state and sub distributors make in my team.

Some men don't even know how wealthy their wives are, soon these women will move money in numbers, that's why I'm happy some men have started joining their women in the business.

70M product is about 7000 packs of 15k product.

She makes 1000 naira each (on one unit pack) when she sells to state distributors, makes 2000 each when she sells to sub distributors and makes 5,000 naira each when she sells to end users.

Profit Margin on Unit Pack:

- When she sells to state distributors, she makes a profit of: 1000 naira/pack (7000 packs = 7,000,000 naira)
- When she sells to sub-distributors, she makes: 2000 naira/pack (7000 packs = 14,000,000 naira)
- When she sells to end-users, she makes a profit of: 5,000 naira/pack (7000 packs = 35,000,000 naira)

Upgrade Plan

As a sub, upgrade to state and as a state upgrade to a regional, there is no restriction, the sky is big enough in my company and there is no up line this and that. Buy, sell and enjoy your money.

My name is Janechuks the millionaire maker and the CEO, MD and HR of Janechuks mixed spices Ltd.

We are currently in 24 countries of the world and we are expanding into many other countries, join us. If your government and parents failed you, don't fail yourself. There are businesses that can make you a billionaire.

FAQS

1. **Multipurpose NAFDAC REG NO IS: A8-110397L**
2. **For Men NAFDAC REG NO IS: A8-110398L**
3. Janechuks mixed spices is made from herbs, spices, roots, leaves, fruits, flowers and bark of tree from Arab nation.
4. It doesn't contain any artificial substances, all are natural.
5. 70% of the ingredients are imported and not grown here but a few, about 30% is gotten within.
6. They are dried, blended and packed here in Nigeria.
7. It's potency can last for 3 to 5 years, the one year expiry date is for packaging.
8. The side effect of the tea is thirst and frequent urination
9. It can take care of every health condition including the one not stated in the benefits, all it requires is long term use.
10. It can be used to steam meat, cook food, added to your smoothie and juice.
11. It can be taken with other medications simultaneously but because people feel herbal medications can't be taken together with orthodox, we advised it should be taken at 3 hours interval, however it has no effect on orthodox medication.
12. It can be taken at any time of the day, by any one for any reason at all.
13. Apart from using it for treatment purposes, one can just take it for maintenance and prevention of ill health.
14. There are over a thousand tea in the world, produced for different purposes, however Janechuks mixed spices is

customized and produced for health purposes and this type can only be gotten from us, you can't find it any where else in the world, the ingredients and components are different, just like there is no other person like you in the world, that's how it is with this particular type of mixed spices.

15. It can take care of every kind of diseases but the person has to be consistent with it for at least six to one year without skipping a dose.
16. It has long term and short-term benefits, the longer it is taken the better chances of getting good long-term result, you are encouraged to take it for at least six to one year without a break.
17. It causes thirst and as such you are advised to take a lot of water to avoid dehydration and internal heat.
18. Can cause frequent urination and thirst because of its cleansing ability, so while on the tea, you will experience thirst and as you drink water, you will in turn urinate.
19. Regulates hormones, so you may notice early menstruation or change of menstrual cycle during use.
20. It helps in the metabolism of food, so while on it, you are advised to eat healthy, otherwise you may experience weakness and lower abdominal pain because of hunger, when you experience that you can eat fruits and take a lot of water, however if you want to gain weight, you can eat as you get hungry. This explains why some say it makes them add weight, while others say it reduces their weight, it all depends on what you eat when you feel hungry from the quick metabolic action of the tea and also the dosage you are on.

21. Helps to manage chronic conditions including cancer and growth of any kind, but dietary management is advised with prolong use for at least one to two years is advised.
22. Do you know **multipurpose** can be used for sitzbath?
Meaning women with chronic reproductive infections can boil it, put in a little bucket, sit on it and allow their body to absorb it for at least 5 minutes?
Note: While doing that, be careful not to burn yourself.
23. If you want to use mixed spices for treatment of chronic conditions, you are advised to buy full distributor's pack or half to start with.
24. If you experience any kind of reaction while taking the tea, reach out to the person you bought this product from to enable our medical team get back to you.
25. The three types of JaneChuks mixed spices combined has over 40 ingredients and that accounts for its ability to treat a lot of health conditions.

Thank you for choosing our product, enjoy the benefits of JaneChuks mixed spices, your path way to wealth and wellness.

February 2025 Revised Janechuks Mixed Spices Ebook